

NerveSpa

Neuropathy relief foot bath

QUICK START GUIDE

Be sure to charge the device fully before use

First - Add a tablespoon of Epsom salt and an effervescent tablet (these can be broken in half if desired) to each side of the foot bath. Next, fill with warm water. Find a comfortable seat and have a towel ready for when you remove your feet.

STEP

1 Plug Wires

Plug the lead wires into the bottom of the device:



STEP

2 Plug Metal Pin

Plug the metal pin on the lead wires into the carbon rubber electrodes and place them into the foot bath as follows:



STEP

3 Insert your feet



STEP

4 Power on & Play

Power on the device using the button on the side. Set the device to feet or hands, and begin to tap the up arrow to increase the intensity.



Hold down Power button

The device will autorun for 30-minutes and then shutoff. Dry feet thoroughly when complete.

NerveSpa

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